

## Sarah Cherewko – Dance



Sarah began dancing before the age of two and quickly discovered she was quite enthusiastic about music, movement and dance. Originally from Calgary, AB, Sarah trained extensively in RAD and Cecchetti ballet, Al Gilbert tap, ADAPT tap and jazz, lyrical, modern, contemporary, musical theater, acro and hip hop while dancing competitively until the age of seventeen. As part of a non-profit touring performance company, she had had the opportunity to perform in England, Scotland, Australia, New Zealand, Spain and Morocco before signing her first of many contracts as a dancer with Carnival Cruise Lines. After moving to Montreal in 2011, her passion for teaching grew stronger and she transitioned out of performing and began working exclusively as a teacher and choreographer.

Sarah, now an accomplished teacher with over eighteen years of experience is an award winning and high score choreographer, an adjudicator at several Canadian dance competitions and in her free time is studying to become a youth counsellor.

A certified Acrobatic Arts teacher, Sarah prides herself on providing a safe, fun, positive class environment where students can feel comfortable to explore movement, technique and also experience vulnerability and personal growth.

"They say dance like nobody's watching. I think that implies that we are afraid or ashamed to dance in front of people. I say dance like everybody is watching, dance like your children are watching, your ancestors, your family. Dance for those who are hurting, those who can't dance, those who lost loved ones, and for those that suffer injustices throughout the world. Let every step be a prayer for humanity!" –Supaman